

Our Instructors & Staff Members

Our Instructors have spent many years devoted to training in the art of Karate and other martial arts and have attained a certain level of expertise to qualify them as teachers and also mentors.

Through extensive testing, certification and tournament level competition, our staff has attained mastery in this martial art and now enjoy sharing their skill and passing it on to their students. Here are a few of Munen Muso Martial Arts Studio's instructors and other staff members, starting with GARY JOHNSON JP:

 GARY JOHNSON JP (Soke - 8th Degree)

GRANDMASTER

HISTORY

Aged 61; Is a full-time martial arts master instructor. Soke (Head of the Munen Muso Martial Arts System) who has made constant changes throughout his martial arts development years began martial arts in 1973 in traditional forms of karate. With this commitment to studying the martial arts and self-protection, has resulted in Gary training within the framework of many styles and disciplines with masters and Guro of the martial arts throughout Australia, Asia and the United States.

The combination of these studies and training over the past 41 years saw the birth of Munen Muso martial arts, when translated means **to act calmly and naturally in the face of danger**.

Gary is one of Australia's most up to date instructors on self-protection. He is a Government Accredited Coach and an internationally recognized 8th degree Black Belt and a 4th degree (Masters Level) in Kyusho-Jitsu Pressure Point Combat. He has trained men and women employed by Police Departments, Corrective Services and Security Companies. Government Departments, Rehabilitation Agencies, Corporations and many community groups have also benefited from Gary's teachings.

Gary has taught thousands of students including children with physical and intellectual disabilities the art of self-protection through recreation programs and school sporting programs.

Gary has also had the privilege to working as a bodyguard to a range of celebrities as well as to private individuals eg. Personal driver to Sir Elton John at one of his concerts in the NSW Hunter Valley, Boy George, Jimmy Barnes.

ACHIEVEMENTS

His martial arts promotions and charity fundraising over the years have made him a respected identity in martial arts and training circles. He has raised thousands of dollars for children's cancer and Sudden Infant Death Syndrome research and in 2004 raised money for the Stephen Sanig Meningococcal foundation.

One of these promotional events saw Gary break a world kicking record by completing a staggering four thousand (4,000) karate kicks in under one hour.

After one of these promotions Gary opened the first and only martial arts supply shop on the NSW Central Coast **Budo Martial Arts Supplies** (1986-1991).

November 2000 **Awarded the Federal Government Sports Encouragement Award for significant contribution to the sport of martial arts.**

In 2006 Gary was a Finalist at the Gosford City Australia Day Community Awards.

- 8th Degree Black Belt & Grandmaster Instructor of Munen Muso Martial Arts
- 7th Degree Black Belt Kojosho Karate Federation
- 4th Degree Masters level Kyusho
- 3rd Degree Black Belt Jujitsu
- 3rd Degree Black Belt Zen Do Kai
- 1st Degree Black Belt (Lakani) Arnis International Federation
- 1st Degree Black Belt Washin Kan Kenjutsu Federation
- Former Defensive Tactics Instructor

- Multi award Recipient with over 40 years experience
- 2011 Australia Day Nominee for dedication to and developing local and state martial arts champions - Awards from Local Government and Canberra.

##

LEANNE (JANVRIN) JOHNSON (Kyoshi - 6th Degree) (Master Instructor)
Aged 48; Has been in the martial arts since 1987. Is a full-time martial arts master instructor and government accredited instructor.
Kyoshi a Government Accredited Coach and a 6th Degree Black Belt began her martial arts training in 1987 in the traditional style of Budokan Karate of Australia. Leanne was awarded her Black Belt in 1994.
From 1992 Leanne has had an illustrious career which as seen her represent Australia and the NSW State Team.  2005 - Awarded the Australian Government Sports Achievement Award for outstanding contribution and achievements in the field of Martial Arts.
2011 Australia Day Nominee for dedication to and developing local and state martial arts champions - Awards from Local Government and Canberra.
COMPETITION HIGHLIGHTS
Leanne's impressive career has included:

- 1992 ♦ Won the NSW State Championships in Synchronised Kata
- 1992 ♦ Won the Australian National Championships in Synchronised Kata
- 1994 ♦ Won Gold in the Kata division of the Oceania Karate Championships in Tahiti
- 1997 ♦ Won Gold in the Kata division of the Oceania Karate Championships in Brisbane
- 1997 ♦ Represented Australia in the Women's International Karate Cup in Tokyo competing against the worlds best from 27 countries & placed 14th in the Kata division

Other competitive achievements in Kata have included:

- Winning the NSW Championships in 1993, 1994, 1995, 1996, 1998 and 1999
- Placing 3rd in the Australian National Championships in 1997, and 4th in 1994 & 1995
- Placing 3rd in the Australian Open Championships in 1997, and 4th in 1996 & 1998

With Leanne's high competitive standards, combined with Gary's wealth of experience, they have formed a partnership that results in giving their students every opportunity to fulfil their ultimate goals in the martial arts.
Liam Murray (Sensei - 3rd Degree Black Belt)
Government Accredited Coach and one of the instructors in the Studio. 
LOUISE O'DONNELL (Muay Thai & Kickboxing Instructor)
* Australian ISKA Muay Thai Champion
* Commonwealth Muay Thai Champion
* NSW WKA Champion
* World WKPL Thai Boxing Champion 
Savvas "Steve" Unterholzen (Boxing Instructor)
* NSW Cruiser Weight Boxing Champion
* South Pacific Cruiser Weight Boxing Champion 